



Information for persons who are diagnosed with SARS-CoV-2 (with PCR test or rapid test)

You have tested positive for coronavirus?

Means you have received notification from the health department or your testing center/physician that your **PCR test** or **rapid test** has a positive result.

Please follow these isolation regulations in case of a positive PCR test:

- For persons who have **symptoms** the isolation ends at the earliest 14 days after the beginning of symptoms and at least 48 hours after you are free from symptoms. If symptoms continue, the isolation is extended up to and includes the 16th day and then ends automatically. If symptoms persist beyond day 16, contact your doctor, e.g. to receive a (possible) sick leave for your employer.
- For persons who have **no symptoms** and do not develop symptoms within the next 14 days, the isolation ends usually 14 days after the first detection of the virus (test date).

Please follow the following isolation regulations in case of a positive PoC-Antigen rapid test:

- The preliminary isolation ends
 - **if symptoms are present**, at the earliest 14 days after the beginning of symptoms and at least 48 hours after you are free from symptoms, or
 - **in the case of you are free from symptoms**, 14 days after the positive antigen test/first detection of the virus.
- **Important! Please make a PCR test as soon as possible to confirm the antigen test.** After submission a negative result of the PCR test to negativtest@landkreis-ludwigsburg.de, your isolation and those of the contact persons can be cancelled earlier. However, until you are officially informed, you and the contact persons are still subject to the obligation to segregate. **You are committed to report your negative test result immediately**, otherwise this may have consequences under the penalties law.

Distribute the enclosed "Information for contacts" leaflet to all persons who are considered close contacts according to the criteria named therein.

Fill out the list of your contacts and send it via email to: kontaktperson-corona@landkreis-ludwigsburg.de

Recommendations for behavioral rules in home isolation can be found in the enclosed information sheet of the Robert Koch Institute "FOR PATIENTS AND CONTACT PERSONS - Self Isolation at home with confirmed COVID-19".

For more information on the formalities of quarantine, please refer to the Corona Regulation on Quarantine (CoronaVO-Absonderung) at <https://www.baden-wuerttemberg.de/de/service/aktuelle-infos-zu-corona/uebersicht-corona-verordnungen/coronavo-absonderung/>.